

Welcome

The team at the Oxford Orthodontic Centre would like to take the opportunity of welcoming you to the practice. This leaflet contains important information about the practice and our services. If after reading this leaflet you have any further questions, please speak to the Reception Staff on 01865 308818 who will be able to assist you or visit www.braces4oxford.co.uk.

Our Services

Our practice is a specialist orthodontic practice and our services are limited to orthodontic (brace) treatments only. You must continue to see your General Dental Practitioner for regular dental inspections and routine dental care, as we do not provide these services. We provide many alternative orthodontic treatments, including—

- Regular fixed metal braces, which are available under the NHS for qualifying patients
- Self-ligating, fixed metal braces for more efficient treatment ensuring treatment is completed as quickly as possible with fewer adjustments
- Less visible ceramic tooth coloured braces
- Transparent Invisalign™ aligners, which are much less visible and removable for easier cleaning; suitable for minor alignment problems
- Invisible lingual (inside) braces, the completely invisible solution for comprehensive orthodontic treatment
- Gold braces, for the image conscious patient who prefers to coordinate orthodontic braces with jewellery

Most people are referred by the family dentist for an orthodontic assessment and possible orthodontic treatment. Every child should have an orthodontic assessment by the age of 10 years. This is normally undertaken by the family dentist, who may refer to a Specialist in Orthodontics for further advice when an abnormality is detected. Please note that many children are referred too early to start orthodontic treatment. The majority of orthodontic treatment occurs when most of the adult teeth have erupted; usually between 12 and 14 years of age. However, some very simple treatments are

Figures: Metal, ceramic and lingual appliances, and a clear aligner.



NHS Treatment

We have a contract with the Oxfordshire PCT to provide limited orthodontic services. Please see separate NHS information leaflet for further details.

Adult treatment, less visible appliances and some specialised forms of orthodontic treatment are available only by private contract. For more details of our complete range of orthodontic treatments visit our website at www.braces4oxford.co.uk.

Orthodontic Treatment

Most people are aware that braces straighten teeth but orthodontic treatment can achieve more than beautiful smiles. Orthodontics is a specialist branch of dentistry concerned with the prevention and treatment of dental and facial irregularities. The technical term for these problems is 'malocclusion', which means *bad bite*. There are many different forms of malocclusion; most are inherited but some are acquired, e.g. by thumb sucking. Most problems can be corrected but often require fixed (train-track) braces for a period of 18-24 months.

Is Treatment Important?

Everybody wants to have a beautiful smile and everyone needs to have a healthy mouth; our aim is both. Poorly aligned teeth are difficult to clean and may be prone to accelerated tooth decay and premature gum disease. An attractive smile is an asset, which cannot be underestimated. A pleasing appearance is a vital asset to personal self-confidence. Orthodontic treatment frequently brings an improvement in self-esteem as unsightly teeth align and lips and face are brought into harmony.


Your First Appointment

Your first appointment is for an initial orthodontic assessment only. This is free for qualifying NHS patients under the age of 18. Please note, many children are referred very early and are not ready to start treatment; if this is the case we will arrange a review appointment after an appropriate interval.

It may be advisable to take an x-ray to assess the position of any unerupted teeth. Occasionally, impacted and supernumerary teeth are detected, which may require surgical removal in hospital before treatment can begin.

At this stage it may be possible to say if treatment is either necessary or desirable but in many instances it is best to wait until most of the adult teeth have erupted before making decisions about dental appearance and the desirability of orthodontic treatment.

Access

 Unfortunately, whilst we would like to be able to see all patients, due to the stair access to our first floor premises, the treatment areas are not accessible to wheelchairs. If you are a wheelchair user, we can make an initial assessment at your home and then discuss possible referral to a practice that is fully accessible. If you do have any disability that you think we need to know about please give us a call before your appointment and we will do our best to put suitable arrangements in place to accommodate your needs. The only language spoken at this practice is English.



If you are seeking self-funded orthodontic treatment you will probably require an initial assessment to discuss the possible options for treatment, the approximate duration for each option and the likely cost of your preferred option. Following this assessment you will require full orthodontic records to prepare your individual treatment plan.

If you are seeking NHS treatment, remember to bring identification to your first appointment. If we are unable to verify your entitlement, treatment may be withheld.

Missed Appointments

Missing appointments wastes time and resources, which may be needed by other patients. As a courtesy to others we respectfully request at least 24 hours' notice for cancelling and changing appointments.

Patient Confidentiality

We take patient confidentiality extremely seriously at the Oxford Orthodontic Centre and all personal information is treated in strictest confidence. Only members of staff have access to patient information and we have a strict confidentiality policy. To see a copy of this policy, please ask at reception.

Complaints Procedure

We aim to make your experience at the practice as pleasant as possible. However, should you have any complaints, please contact the Practice Manager on 01865 308818 who will be able to deal with your concerns and talk you through our procedure. Alternatively, you can pick up a copy of the procedure from reception.

Data Protection

The practice is committed to upholding the Data Protection Act 1998 and the Freedom of information Act 2003. For more information, ask for our Publication Scheme leaflet.

Method of payment

We accept the following methods of payment at the practice: cash, personal cheque (supported by a cheque guarantee card), and major credit and debit cards (Visa, MasterCard, Switch/Maestro).

There are several payment plans for treatment by private contract spreading the cost of your treatment over the expected treatment duration.

The members of staff at Oxford Orthodontic Centre are committed to the very highest standards of orthodontic care using a variety of contemporary appliances and techniques. We keep up to date with regular courses and audit our results.



Members of Staff

The team at the Oxford Orthodontic Centre are dedicated to the provision of high quality orthodontic treatment.

Orthodontists—Performers

- Dr Jeremy J.W. Breckon (male) BDS (1981), MSc, PhD; FDS RCSEd; DOrth, MOrth, FDS RCSEng—*Specialist in Orthodontics*; also Senior Lecturer, GKT Dental Institute, King's College London and Honorary Consultant, Guy's Hospital, London.
- Dr Gaurav Madhok (male) BDS (1997), MSc, MOrth RCSEd—*Specialist in Orthodontics*; also specialist practitioner, Edgware, London.

Support Team

- Mrs Karen Medicott—Practice Manager
- Mrs Giselle Cox—Dental Nurse
- Miss Kim Harris—Dental Nurse

You can express a preference about which dentist you see. We will make all reasonable efforts to ensure that the request is met, but this may not always be possible. Should you wish to express a preference of practitioner, please state by whom you would like to be seen when booking your appointment.

Opening hours

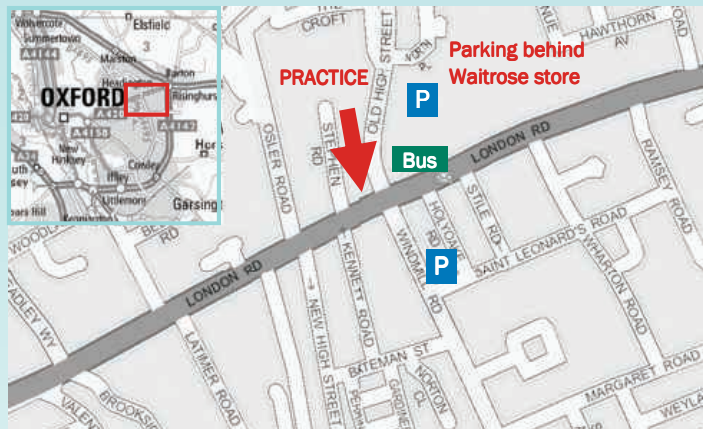
Our normal opening hours are as follows:

Mon	8.30 a.m. to 6.00 p.m.
Tue	8.30 a.m. to 6.00 p.m.
Wed	9.00 a.m. to 5.30 p.m.
Thu	8.30 a.m. to 12.30 p.m. (reception only)
Fri	8.30 a.m. to 6.00 p.m.
Sat	9.30 a.m. to 1.00 p.m. (1 in 3)

We are closed for lunch from 1.00 p.m. to 2.00 p.m. daily.
NHS appointments before 3.45 p.m. Mon, Tue, Wed & Fri.



Oxford Orthodontic Centre
95a London Road
Headington
Oxford OX3 9AE



Location

The Oxford Orthodontic Centre is conveniently located in the centre of Headington, close to car parking facilities and local transportation links. We are situated between NatWest Bank and Barclays Bank on the London Road on the first floor over Pen To Paper.

There are two car parks within a 5 minute walk situated off Old High Street behind Waitrose supermarket and on the corner of Windmill Road and Saint Leonard's Road.

Arrival by Bus

Several bus routes from the city centre stop close to the practice on the London Road in the centre of Headington.

Arrival by Car

Leave the Oxford ring road at the Headington (Green Road) roundabout and follow the signs to the City Centre & Hospitals. At the traffic lights in the centre of Headington turn either right into Old High Street or left into Windmill Road to access the pay-and-display car parks. Allow about 5 minutes to walk from the car parks to the practice.



Tel: 01865 308818
Fax: 01865 769088
Email: enquiries@braces4oxford.co.uk
Web: www.braces4oxford.co.uk



Practice Brochure

Patient Information Leaflet

Oxford Orthodontic Centre

